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# GUE INSTRUCTOR LECTURE TEMPLATE

## **INTROD Lecture Structure Template UCTION** Hook / Story / Connection to Student Experience:

*(What relatable story or scenario grabs their attention? How does it connect to their diving goals or challenges?)*

### **What Are We Talking About Today?**

*(Outline the topics you will be discussing.)*

### **Why It Matters (Relevance & Value):**

*(Explain why students should care – tie it to performance, safety, or success.)*

## Create a Transition to Body

*(Signal to students that you're about to dive deeper into the topics. This helps set expectations and keeps them engaged. Examples: Invite students to open their materials to follow along, encourage them to take notes on key points, let them know they can ask questions during the session (if appropriate), or suggest they write down questions to discuss at the end.)*

## **BODY** Content Structure (Organized & Progressive)

Break your content into 2–3 logical segments:

1. Expand on **KEY POINT 1**

2. Expand on **KEY POINT 2**

3. Expand on **KEY POINT 3 (Optional)**

### **Create a Transition to Summary**

*(Signal to students that you're wrapping up the main content and moving into a summary. This helps refocus their attention on the key takeaways.)*

**SUMMARY AND TRANSFER OF OWNERSHIP** Use the content from the Introduction to create a consistent summary.

### **Recap of Key Points:**

*(Outline the topics you discussed.)*

### **Why It Matters (Again):**

*Explain how this will help them be a better diver – tie it to performance, safety, or success.)*

### **Ownership Transfer – Questions to Ask:**

*Invite students to review their notes or highlight anything they want to revisit. Encourage them to think about what stood out most or what they plan to apply. Examples of questions include:*

- “What’s the one thing you’ll apply next dive?”
- “What didn’t make sense before, but does now?”
- “What would you explain to a teammate about this topic?”